



Kidz Therapy Zone

32 Parkwood Drive
Chambersburg, PA 17201
717-446-0439
www.ktherapyzone.com



Children learn and develop through playing. Kidz Therapy Zone provides therapy services in a relaxed and play friendly environment. We are dedicated to assisting individuals in achieving their maximum level of physical and cognitive function.

Kidz Therapy Zone consists of highly skilled, pediatric experienced and licensed Occupational, Physical and Speech/Language Pathologists and assistants. Every child will be evaluated to identify their specific needs, then an individualized therapy program will be developed specific to that child and their needs.

Our highly qualified therapists are dedicated to assisting children in developing to their fullest potential. Our therapists work together as a team communicating closely with the referring physician, specialists, and family members to develop individualized therapy programs to meet the specific and unique needs of each child.

Treating the Whole Child

At Kidz Therapy Zone, we believe it is important to treat the whole child. Part of treating the whole child is supporting the family. A lot of families feel overwhelmed and are confused when their child receives a new diagnosis. They do not know where to turn or what to expect. Kidz Therapy Zone believes that we need to be just as much a resource to the family. Therefore, Kidz Therapy Zone's owner, Allison Klimowicz felt it was so important to get the word out about what to expect when entering the therapy world that she wrote a book, "Adventure Zone".



Common Things We Treat

*Autism Spectrum Disorder, Oppositional Defiance Disorder, Attention Deficit Disorder, ADHD, Sensory Processing Disorder, Delayed Milestone, Fine Motor, Gross Motor, Picky Eater, Transitioning, Behavioral Problems, Anxiety, Separation Anxiety, OCD, Handwriting, Executive Functioning, ADL, Stuttering, Reading Comprehension, Articulation, Oral Motor Function, Dysphagia, Swallowing, Low Muscle Tone, Down Syndrome, Failure to Thrive, Torticollis, Traumatic Brain Injury, Cerebral Palsy, Sports injuries, Sprains, Strains, Unsteadiness, Balance, Coordination, Birth Injuries/Birth Defects, Broken Bones, Multiple Sclerosis, Concussion, Vestibular, Toe walking, Coping Skills, etc. **

Services Offered

*Occupational Therapy, Social Skills/Social Learning Groups, Speech Therapy, SOS Feeding Therapy, Swallowing, Vital Stim, Feeding Therapy, Communication Devices, Physical Therapy, Sports Medicine, Orthotics/Prosthetics, Sensory, Galileo Training, Oral Motor Therapy, Concussion Clinic, Equipment Clinic etc. **

* This is not a complete list

Occupational Therapy

Occupational Therapy assists children and young adults grow and develop the skills they need to blossom into functional independent adults. Physical and Mental impairment, injuries and many other issues can hamper one's ability to perform common daily tasks or progress normally through the stages of cognitive and social development. Occupational Therapy can teach a child to perform daily activities they find difficult by addressing social, behavioral, sensory, motor, and environmental issues.



Social Skills/Learning Groups

Kidz Therapy Zone uses the concepts of the complex Social Thinking® Program along with a dynamic multi-media social approach program to teach our children how to navigate through social interactions, handle expected vs unexpected behaviors from peers and handle daily problems. This curriculum is normally taught in a social group setting with peers although it can be taught individually.



Fine and Gross Motor

Although Fine and Gross Motor skills can fall under Occupational or Physical Therapy depending on the severity of the issue, Kidz therapy Zone will make sure your child is learning and developing the skills needed to excel in life. Fine and gross motor skills include walking, jumping, eye hand coordination, coordination, grasp, handwriting, climbing stairs, running, etc.



Sensory

Sensory Processing provides a very crucial foundation for later more complex learning and behaviors in children. For some children sensory processing does not develop as quickly and efficiently as it should causing several problems in development, behavior, and learning. This could also cause problems with motor planning. Sensory experiences include touch, sound, sight, smell, taste, movement, body awareness and the pull of gravity. Sensory play is not only fun but is a fundamental part of early development.

Snoezelen Room

The Snoezelen Room is a multi-sensory room that targets the different senses in our bodies. This soothing environment stimulates and helps reduce agitation and anxiety. It also engages and stimulates reactions and encourages communication.




ADLs and IADLs

ADLs, Activities of Daily Living, are the normal activities that people do everyday without assistance. The six basic ADLs are eating, bathing, getting dressed, mobility, toileting, and continence.

IADLs, Instrumental Activities of Daily Living, are self-care tasks that require more complex thinking skills and organizational skills. IADLs can include money management, shopping and meal preparation, housecleaning, medication management, etc.

Problems with ADLs and IADLs can create problems with physical health and cognitive health. Working on these can increase the patient's quality of living as well increase independence.



**We will not stop
seeing our
patients when
they turn 21
years old.**



Speech Therapy

Speech Therapy is the treatment of speech and communication disorders. The approach is specifically designed by our own therapists depending on the disorder of the child. A child who is having difficulties being understood or communicating their wants and needs can become frustrated and angry which may lead to increased behavioral issues. Treatment may include physical exercises that strengthen muscles used in speech, speech drills to improve clarity or sound production.

Articulation

Articulation is especially important in producing sounds and words which are clear and can be understood by others. Unclear speech can impact a child significantly because that is how they express their basic needs, wants, and express how they feel physically and mentally. Articulation can also impact literacy skills such as reading, writing, and spelling.



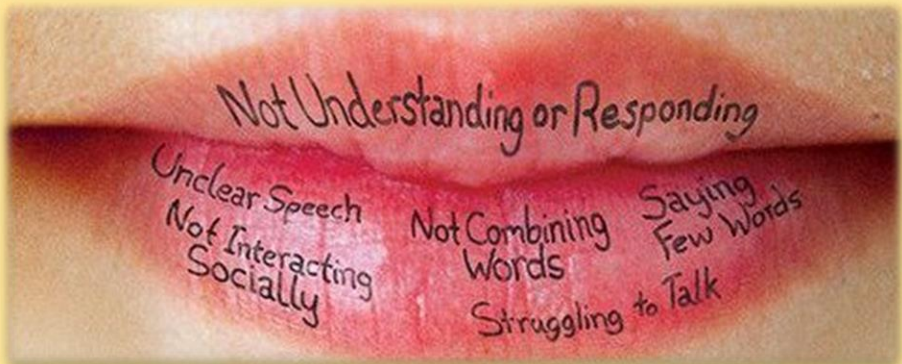
Stuttering

As children become increasingly verbal, they may start to stumble over their words raising concerns about stuttering. Stuttering is an interruption in the flow of speech. It can present itself in different ways such as repeating certain syllables, words, or phrases, prolonging sounds and making no sound for certain sounds and syllables.



Expressive/ Receptive Language

A developmental language disorder is common in children and causes problems with oral communication. There are three types of language disorders; Receptive language issues involve difficulty understanding what others are saying, expressive language is the difficulty expressing thoughts and ideas and mixed receptive-expressive language involves difficulty understanding and using spoken language.



Communication Devices

When a child's progression and pace of language and communication development is slowed down or stopped by a medical condition or disability that affects their ability to speak or learn language, a communication device may be able to provide valuable support. Communication devices are speech generating devices that give the child the ability and freedom to express themselves. Our LAMP Certified and LAMP Trained staff will assist with all communication device needs.



Feeding Clinic

The staff at Kidz Therapy Zone understands that having a picky or problem eater can present a very emotional and difficult challenge. We want to face these challenges with empathy, compassion and of course, a feeding program that is proven to work. Picky eating is not “just a phase” this can be a lifelong problem. Our Feeding Clinic helps children with different feeding difficulties due to autism, sensory integration issues, picky eating, behavioral problems, or other undiagnosed needs. The sooner you address your child’s feeding issue, the sooner it will benefit their future associations with food, behaviors, and physical growth.



SOS Approach to Feeding

The SOS Approach to Feeding is a play-based program that teaches children that food can be fun while respecting their readiness to learn. We focus on sensory, motor, oral and behavioral/learning factors to fully evaluate and manage children with feeding concerns.



Swallowing/Oral Motor

Swallowing is a learned process. The development of these skills is a complex process. Most children negotiate the developmental sequence without difficulties, while other children develop difficulties ranging from simple to complex issues. Sometimes children may have a swallowing problem known as dysphagia. Oral Motor works on the skills necessary for proper speech and feeding development.



Physical Therapy & Sports Medicine

Pediatric Physical Therapy can improve the lives and daily function of children who suffer from a wide range of injuries and congenital conditions. Nothing is more frustrating to a child then not being able to move about independently. Our Physical Therapists are the movement experts. We will evaluate your child and develop an individualized plan of care to assist them with their mobility enabling them to move through their environment with as much independence as possible. PT services can address a variety of mobility concerns including weakness, poor range of motion, decreased flexibility, poor posture, difficulty walking, poor balance and coordination and pain.

Our physical therapists provide the treatment necessary for an individualized rehabilitation program for a wide range of musculoskeletal movement issues including a prevention program. Our therapists will also assist your athlete in preventing injury, overcoming an injury and/or improve their performance.



Concussion Clinic

Our comprehensive concussion clinic combined the expertise of our physical therapy, occupational therapy, and speech therapy departments. We evaluate and treat the dysfunctions caused by concussions to help the child fully recover.

Benefits

- Improved regulation
- Spatial awareness
- Better controlled movement
- Saccades eye movement
- Improve academics
- Improves the ability to locate sound
- Increase perception



Symptoms

Not only do concussion symptoms include difficulty thinking, difficulty concentrating, and feeling slow, they can also include the following:

Emotional

- * Irritability
- * Sadness
- * More emotional
- * Nervousness or anxiety

Sleep

- * Sleeping more than usual
- * Trouble falling asleep
- * Sleeping less than usual

Physical

- * Headache or pressure in the head
- * Balance problems
- * Fuzzy or Blurry vision
- * Sensitivity to noise or light
- * Dizziness
- * Having no energy
- * Confusion or foggy feeling
- * Ringing in the ears
- * Nausea or vomiting
- * Slurred speech
- * Appearing dazed

Astronaut Training

Our astronaut training program is designed to impact the vestibular system, visual system, and auditory system. The benefits to this program include improved regulation, spatial awareness, better controlled movement, improved ability to locate sound, and increased perception.



Galileo Training

Galileo Training is a machine that allows for a very efficient muscle training by emitting high-frequency vibrations. Using Galileo Training increases the strength of children with various disabilities. This enables even children with little to no possibilities of movement to develop and retain muscular strength. All the Galileo's movements mimic the natural human gait motion. The high frequency, side alternating movements results in a tilting movement of the pelvis which causes the body to react with muscle contractions in both the right and left side of the body. This helps the child strengthen muscles children often find hard to use.

What is Galileo Training?

Efficient Muscle Training Through High-Frequency Vibrations



Mimics the Motion of the Natural Human Gait



Helps Children Strngthen Muscles That They Find Hard to Use



@kidztherapyzonelle



Why Outpatient Therapy

“My child already gets therapy at school, so my child does not need outpatient therapy too.” **FALSE**

” My child won’t benefit from both outpatient and school-based therapy.” **FALSE**

“My child does not qualify for school therapy so they will not qualify from outpatient therapy.” **FALSE**

Outpatient Therapy	School Therapy
*The child may receive school services AND outpatient services simultaneously.	*Only considers how the child functions in the school setting.
*Addresses how children function in ALL areas and settings relevant to the child’s life – home, school, and the community.	*Does not typically address underlying medical issues.
*Considers medical diagnosis and barriers to independence.	*Adapt and compensate to increase participation in the educational setting.
*Even if the child does not qualify for school services, they may still qualify for outpatient therapy.	*Diagnosis/Disability MUST impact success within the general education curriculum for the student to be eligible.

What our Patients are saying!

"The Galileo has given Brechyn and our family the opportunity to see and do something we were told would never happen - to walk. Before the first day using the Galileo Brechyn was only able to stand a few seconds independently. The very first day using the machine she walked 7 steps and doubled the count on a weekly basis. Today, 5 months after beginning the Galileo workouts she now walks in increments so high we are unable to keep track. The Galileo and the staff at Kidz Therapy Zone changed not only her life, but her family's as well." -B. Egolf 2021



"Such an amazing center and very supportive of their kids and families! Everyone is so professional and dedicated to the holistic wellbeing of the child" -R. Nice 2021



"This place has changed our lives significantly!! Before coming here, we were told our child will never be a good communicator. Thanks to Miss Kristen he now communicates and smiles more than we could have ever imagined. They are extremely knowledgeable and are able to find the strengths in a child despite their limitation or diagnosis and they use those strengths to the child's benefit." -Leslie 2021



"Nice facility, great staff. Best in the business. The staff is patient with my child and always communicates with me about the session. Couldn't ask for a more helpful provider" -C. Miller 2021



Questionnaire

This questionnaire will help gauge if your child could potentially benefit from services. These are basic questions and do not reflect what an actual evaluation would. If you answer “Yes” to any of these questions, your child may benefit from an evaluation.

Is your child difficult to understand or has trouble with certain sounds?	YES	NO
Does your child get stuck on or repeat words, sounds or phrases?	YES	NO
Have you noticed your 3+ year old child speaking in incomplete sentences, short phrases, or grammatically incorrect statements?	YES	NO
Does your child eat less than 20 food items or have significant difficulties at mealtimes?	YES	NO
Does your child pocket food, overstuff their mouth, drool excessively or cough while eating?	YES	NO
Have you noticed that your child speaks less than other children their age (i.e. small vocabulary, short phrases)	YES	NO
Does your child have difficulty following two step directions?	YES	NO
Does your child have difficulty handling certain textures? Loud noises?	YES	NO
Does your child have difficulty with zippers, buttons and/or snaps? Or shoe tying ages 5 and up.	YES	NO
Does your child have any handwriting issues?	YES	NO
Does your child lack coordination?	YES	NO
Does your child complain of pain or muscle tightness?	YES	NO
Does your child walk on their toes or turn their feet in when they walk?	YES	NO
Has your child been injured in any sport, accident or during general play?	YES	NO



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